Social and Emotional Learning

Lesson Blueprints: Overview Grade Level: Middle and High School

Lessons

- Why SEL?
- Establishing Class Norms

Introduction

It is suggested the two lessons in this section be implemented at the beginning of the year, semester, course, etc., to help students begin to understand the importance and scope of social and emotional learning. In Why SEL? students analyze and create presentations about five the components of social emotional learning, and the Establishing Class Norms lesson puts the components of SEL to immediate use.

Notes		